# **YOUR CAREER JOURNEY**

WITH YOU EVERY STEP OF THE WAY york.ac.uk/york-futures



# **FIRST YEAR**

Get involved. Be open to possibilities and find out what motivates you.

# **SEMESTER 1**

- Activate your profile in Handshake for job and event alerts, and search for part-time jobs
- Join clubs and societies from Wk 1
- Find your strengths with the York Strengths programme
- 4 Use the Success at York Toolkit
- 5 Explore Global Opportunities
- 6 Careers and Placements Open House







### **SEMESTER 2**

7 Look out for volunteering opportunities

8 Dip into career events

9 Careers website: Get career ideas

10 Start your CV

11

Get work experience with York Internships

### By the end of your first year you'll

Have activated your Handshake account to access careers events, appointments and part time jobs.

**How to do it:** york.joinhandshake.co.uk

Have completed York Strengths to build self awareness and plan your next steps.

How to do it: york.ac.uk/york-strengths

Have visited Careers and Placements at our Open House event for first years.

How to do it: york.ac.uk/careers/events

Have started to gain experiences through volunteering, internships, enterprise, employer challenges or student committees.

How to do it: yorksu.org

Have reviewed your CV through CareerSet.

How to do it: york.ac.uk/careers/applications

# **SECOND YEAR**

Explore different employers and sectors of work. Use what you know about yourself to gain relevant work experience.



I

П

Ī

## **SEMESTER 1**

Check out the application dates for York Futures Scholarships to support your activities

Careers website: Research work experience options

Careers Fairs Wk 3: Grad jobs, Internships + Placements

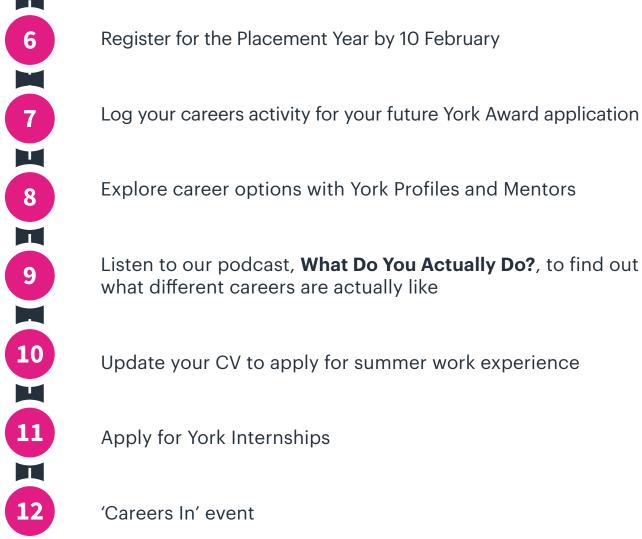
Book an appointment with Careers staff to talk through your next steps

Apply for volunteering or enterprise projects to get work experience



### **SEMESTER 2**





By the end of your second / penultimate year you'll

Have accessed careers sessions to help manage your career development.

How to do it: york.ac.uk/careers/events

Have sought more work experience through internships, volunteering, enterprise or placement year.

How to do it: york.ac.uk/careers/work and york.ac.uk/placementyear

Have updated and tailored your CV through CareerSet.

How to do it: careerset.io/york

Have updated your Handshake profile to connect with employers.

How to do it: york.joinhandshake.co.uk

Have practised your interview technique through Shortlist.Me.

How to do it: york.ac.uk/careers/applications



# **FINAL YEAR**

Make the most of the support and resources available. Make good quality applications for graduate work or further study.

Placement Year / Year Abroad



2

ī

5

1

### **SEMESTER 1**

Find and apply for grad schemes and jobs

Market yourself through your CV, LinkedIn and Handshake

Careers Fairs Wk 3: Grad jobs and schemes

Launch your own business?

Use the tools and support of Careers and Placements

Get inspiration from York Profiles and Mentors



#### **SEMESTER 2**

7 Apply for York Award

ı

П

I

 $|\mathbf{I}|$ 

8 Working in Research event

9 Book an appointment with Careers staff if you need more help

10 Graduate Jobs Fair Wk 11



Continued support from Careers and Placements

By the end of your final year you'll

Feel positive about the future as a York graduate.

How to do it: york.ac.uk/careers/profiles

Have an understanding of recruitment processes and how to succeed at each stage.

How to do it: york.ac.uk/careers/applications

Have applied for the York Award.

How to do it: york.ac.uk/york-award

Be actively applying for graduate jobs or future study.

How to do it: york.ac.uk/careers/work and york.ac.uk/careers/study

Have utilised your Handshake profile to apply for graduate jobs.

How to do it: york.joinhandshake.co.uk